

ST. CHARLES RACE DAY INSTRUCTIONS

Thanksgiving, November 26, 2020

WEATHER PROTOCOL

The safety of our participants and volunteers is our primary concern. The event will be cancelled if extreme winter weather will make travel to the event or participation in the event hazardous. Any notice of cancellation will be posted on our Facebook & Instagram pages (@TurkeyTrotSTL) no later than 5:30am on Thanksgiving morning.

COVID-19 UPDATE

Certain aspects of this year's race will be a little different due to the pandemic-related safety rules set by Fleet Feet, the local health department, and other governing agencies, however, the spirit of the event will remain the same.

- All athletes, volunteers, spectators, and staff will be expected to wear face coverings. Face coverings should be worn during warm-up and cooldown. Face covers can be removed once participants cross the start line and should be replaced once you finish. Face coverings must be worn at packet pick-up.
- All participants will be required to complete an online COVID-19 Questionnaire prior to participation and be negative for symptoms of COVID-19 in order to participate. You can find the questionnaire [here](#).
- If you have a positive COVID-19 test or are showing symptoms ([click here](#) for a full list of symptoms) we ask that you do not attend the event and contact jules@fleetfeetstlouis.com for your registration options.

COVID-19 QUESTIONNAIRE (completion required to participate)

LOCATION, DIRECTIONS & PARKING – ALL EVENT TRAFFIC MUST ARRIVE FROM THE NORTH AND ENTER THE FAMILY ARENA LOT VIA THE NORTH ENTRANCE. Northbound traffic on S. River Rd will close at 6:30am.

The Family Arena, 2002 Arena Parkway, St. Charles, MO 63303.

- From I-70's South 5th Street exit (#229), drive south for two miles. The Arena is on the left.
- From Highway 364 (aka, the Page Avenue Extension) - **Northbound traffic on S. River Rd. will close at 6:30am.** There will be no access to the Arena from Highway 364 via S. River Rd.

Parking will open at 7:00am. Please follow the guidance of our parking crew for parking directions. All traffic must enter the parking lot from the NORTH entrance. Please carpool and allow time for parking. We advise keeping your doors closed for 60 seconds after parking to allow others to park next to you safely.

SCHEDULE

- 6:30am South River Rd. closes to Northbound Traffic
- 7:00am Parking and Packet Pickup Open
- 8:00am 5K Waves Begin

RACE NUMBER, SWAG, AND DONATION

If you did not opt to have your packet shipped or did not pick-up on Tuesday or Wednesday, you can pick up your race number and swag item on race morning beginning at 7:00am. If you do not pick up your item by 9:00am, your swag will no longer be guaranteed. Please bring a canned food item and place into one of the Donation Bins. Out of caution we will not be swapping any swag this year.

STARTING PROCEDURES

Please proceed to the staging area ten minutes before the start of your wave. Your wave time will be indicated on the back of your race bib. **Those with strollers, please line up in the rear.** Please wear your race number visibly on the front of your torso to ensure your timing chip works and so we can ensure you are in the correct wave. The 8:00am wave will start after the playing of the National Anthem and announcements. **PETS ARE NOT ALLOWED.**

FACILITIES & REFRESHMENTS

Portable toilets and handwash stations will be available. Water will be provided once on the course. You can pick up your finisher bag after you finish your race which will include water and other goodies.

AWARDS, RESULTS & PHOTOS

Awards will be given to the top three overall finishers, top three overall wheelchair finishers, and the top three in ten-year age groups. Awards can be picked up at Fleet Feet St. Charles beginning December 4, 2020. Results and photos will be accessible from www.turkeytrotstl.com.

THANK YOU! On behalf of Fleet Feet and O.A.S.I.S., thank you to Asics, On Running, our great volunteers, and the many participants who make this event possible!
-The Fleet Feet Race Productions Team